Ultrasound- Toward Standards (Guidelines) of Practice (AIUM)

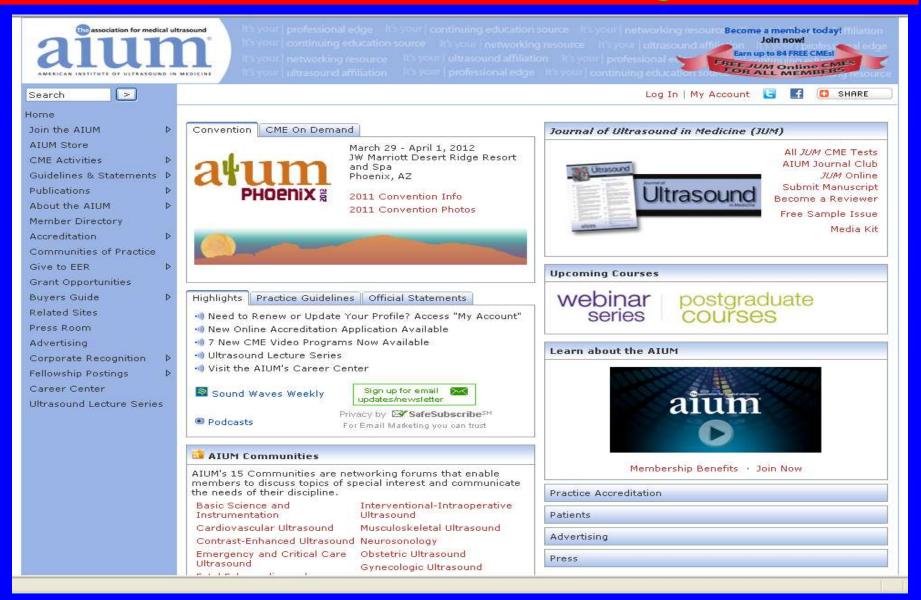
Harvey L. Nisenbaum, M.D.



AIUM Culture

- Modality driven not specialty driven
- Physicians, sonographers, scientists, engineers, other healthcare providers, and manufacturers of ultrasound equipment
- Quality study by qualified individual (hands-on modality; not automated)
- Collaborate with other groups

AIUM-www.aium.org



Practice Guidelines

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Practice Guidelines



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Collaborated with other organizations- ACEP, ACOG, ACR, SIR, SMFM, SPR, SREI, SRU

General Template for Guideline

Preamble

- I. Introduction
- II. Qualifications and Responsibilities of Personnel
- III. Indications
- **IV.** Written/Electronic Request for the Examination
- V. Specifications of the Examination
- VI. Reporting and Documentation
- **VII.** Equipment Specifications
- VIII. Quality Control and Improvement, Safety, Infection Control, and Patient Education
- IX. ALARA Principle

OB US Guideline

AIUM Practice Guideline for the Performance of Obstetric Ultrasound Examinations



The American Institute of Ultrasound in Medicine (AIUM) is a multidisciplinary association dedicated to advancing the safe and effective use of ultrasound in medicine through professional and public education, research, development of guidelines, and accreditation. To promote this mission, the AIUM is pleased to publish, in conjunction with the American College of Radiology (ACR) and the American College of Obstetricians and Gynecologists (ACOG), this AIUM Practice Guideline for the Performance of Obstetric Ultrasound Examinations. We are indebted to the many volunteers who contributed their time, knowledge, and energy to bringing this document to completion.

The AIUM represents the entire range of clinical and basic science interests in medical diagnostic ultrasound, and, with hundreds of volunteers, the AIUM has promoted the safe and effective use of ultrasound in clinical medicine for more than 50 years. This document and others like it will continue to advance this mission.

Practice guidelines of the AIUM are intended to provide the medical ultrasound community with guidelines for the performance and recording of high-quality ultrasound examinations. The guidelines reflect what the AIUM considers the minimum criteria for a complete examination in each area but are not intended to establish a legal standard of care. AIUM-accredited practices are expected to generally follow the guidelines with recognition that deviations from these guidelines will be needed in some cases, depending on patient needs and available equipment. Practices are encouraged to go beyond the guidelines to provide additional service and information as needed.

OB US Guideline

Principal Reviewer: Beryl R. Benacerraf, MD

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Training Guidelines

Official Statements

View an Official Statement from the list below.

Training Guidelines for Physicians Who Evaluate 💙 📘

Training Guidelines for Physicians Who Evaluate and Interpret Diagnostic Ultrasound Examinations

Approved November 6, 2010

Physicians who evaluate and interpret diagnostic ultrasound examinations should be licensed medical practitioners who have a thorough understanding of the indication and guidelines for ultrasound examinations as well as familiarity with the basic physical principles and limitations of the technology of ultrasound imaging. They should be familiar with alternative and complementary imaging and diagnostic procedures and should be capable of correlating the results of these other procedures with the ultrasound examination findings. They should have an understanding of ultrasound technology and instrumentation, ultrasound power output, equipment calibration, and safety. Physicians responsible for ultrasound examinations should be able to demonstrate familiarity with the anatomy, physiology and pathophysiology of those organs or anatomic areas that are being examined. These physicians should provide evidence of training and requisite competence needed to successfully perform and interpret diagnostic ultrasound studies. Physicians performing diagnostic ultrasound examinations should meet at least 1 of the following:

1. Completion of an approved residency program, fellowship, or postgraduate training that includes the equivalent of at least 3 months of diagnostic ultrasound training in the area(s) they practice, under the supervision of a qualified physician(s)*, during which the trainees will have evidence of being involved with the performance, evaluation, and interpretation of at least 300** sonograms.

2. Certification in breast ultrasound by the American Society of Breast Surgeons is accepted as proof of sufficient training in breast ultrasound.

3. Successful completion of the Endocrine Certification in Neck Ultrasound (ECNU) Program by the American Association of Clinical Endocrinologists (AACE) is accepted as proof of sufficient training in thyroid/parathyroid ultrasound.

4. Completion of training in "Focused Assessment with Sonography for Trauma (FAST)" as recommended by the American College of Emergency Physicians (ACEP) is accepted as proof of sufficient training for the performance of the FAST Examination.

5. Demonstration of at least 1 of the criteria listed in the AIUM's official statement "Training Guidelines for the Performance of the Musculoskeletal Ultrasound Examination" is accepted as proof of sufficient training in musculoskeletal ultrasound.

6. Proof of completion of an ABOG or ACOOG approved fellowship in Maternal - Fetal Medicine, with a brief written description of experience in performance of fetal echocardiography including both normal and abnormal cases is accepted as proof of sufficient training in fetal echocardiography. Physicians must be Active Candidates or Diplomates of ABOG or ACOOG. Others, including Pediatric Cardiologists and Radiologists, who have not completed formal MFM fellowship but who can demonstrate education and skills in performing fetal echocardiography should submit documentation of their educational and clinical experience.

Training Guidelines

7. In the absence of formal fellowship or postgraduate training or residency training, documentation of clinical experience could be acceptable providing the following could be demonstrated:

- Evidence of 100 AMA PRA Category 1 CreditsTM dedicated to diagnostic ultrasound in the area(s) the physicians practice, and,
- b. Evidence of being involved with the performance, evaluation and interpretation of the images of at least 300** sonograms within a 3-year period. It is expected that in most circumstances, examinations will be under the supervision of a qualified physician(s)*. These sonograms should be in the specialty area(s) in which the physicians are practicing.

* A qualified physician is one who, at minimum, meets the criteria defined above in this document.

** Three hundred cases were selected as a minimum number needed to gain experience and proficiency with sonography as a diagnostic modality. This is necessary to develop technical skills, to appreciate the practical applications of basic physics as it affects image quality and artifact formation, and to acquire an experience base for understanding the range of normal and recognizing deviations from normal.

The number of required cases will be greater for physicians utilizing ultrasound for multiple subspecialty applications or anatomic areas (at least 500 cases). It is recognized, however, that the experience gained in the initial 300 cases provides an important foundation of knowledge and skill, which may reduce the number of additional cases needed to master other diagnostic ultrasound uses.

Cases presented as preselected, limited image sets-such as in lectures, case conferences and teaching files are excluded. The ability to analyze a full image set, determining its completeness and the adequacy of image quality, and performing the diagnostic process, distinguishing normal from abnormal, is considered a primary goal of the training experience.

MSK Training Guidelines (Outcome of 2008 Forum)

Official Statements

View an Official Statement from the list below.

Training Guidelines for the Performance of Musc 💙 📘

Training Guidelines for the Performance of Musculoskeletal Ultrasound Examinations

Approved November 14, 2009

Qualifications and Responsibilities of the Personnel

A. Physician

Physicians who perform and/or interpret diagnostic musculoskeletal (MSK) ultrasound examinations should be licensed medical practitioners who have a thorough understanding of the indications and guidelines for MSK ultrasound examinations as well as a familiarity with the basic physical principles and limitations of the technology of ultrasound imaging. They should be familiar with alternative and complementary imaging and diagnostic procedures and should be capable of correlating the results of these other procedures with the ultrasound findings. They should have an understanding of ultrasound technology and instrumentation, ultrasound power output, equipment calibration, and safety. Physicians responsible for diagnostic MSK ultrasound examinations should be able to demonstrate familiarity with the anatomic, physiologic, and pathophysiologic characteristics of the anatomic areas that are being examined. These physicians should provide evidence of the training and competence needed to perform and/or interpret diagnostic MSK ultrasound examinations successfully. The training should include methods of documentation and reporting of ultrasound studies.

Physicians performing and/or interpreting diagnostic examinations should meet at least 1 of the following criteria:

1. Certification in Radiology or Diagnostic Radiology by the American Board of Radiology, the American Osteopathic Board of Radiology, the Royal College of Physicians and Surgeons of Canada, or Le Collège des Médecins du Québec, and the supervision and/or performance, interpretation, and reporting of 150 MSK ultrasound examinations within the last 36 months. Unless within 2 years of completion of a residency and/or fellowship, the radiologist will also need to have completed 40 hours of *AMA PRA Category 1 Credits*TM specific to MSK ultrasound, including at least 1 MSK ultrasound course that includes hands-on training.

or

2. Completion of an Accreditation Council for Graduate Medical Education (ACGME)- or American Osteopathic Association (AOA)accredited diagnostic radiology residency program and the performance, interpretation, and reporting of 150 MSK ultrasound examinations in the past 36 months. Unless within 2 years of completion of a residency, the radiologist will also need to have completed 40 hours of *AMA PRA Category 1 CreditsTM* specific to MSK ultrasound, including at least 1 MSK ultrasound course that includes hands-on training.

MSK Training Guidelines (Outcome of 2008 Forum)

or

3. Completion of a residency or fellowship program supervised by a physician qualified to perform MSK ultrasound examinations that provides structured MSK ultrasound training, including the performance, interpretation, and reporting of 150 MSK ultrasound examinations. Unless within 2 years of completion of a residency and/or fellowship, the physician will also need to have completed 40 hours of *AMA PRA Category 1 CreditsTM* specific to MSK ultrasound, including at least one MSK ultrasound course that includes hands-on training.

or

4. Completion of an ACGME- or AOA-accredited residency in a specialty practice plus 100 hours of AMA PRA Category 1 CreditsTM in MSK medicine, surgery, and/or imaging, of which at least 40 hours need to be specific to MSK ultrasound, including at least 1 MSK ultrasound course that includes hands-on training, and supervision and/or performance, interpretation, and reporting of 150 MSK ultrasound examinations within the last 36 months. Physicians will not need to complete the 60 hours of non-MSK ultrasound-specific CME if they are within 2 years of residency and/or fellowship training in a specialty that focuses on MSK medicine and/or surgery.

or

5. Completion of a Council on Podiatric Medical Education-accredited residency plus 100 hours of AMA PRA Category 1 CreditsTM in podiatric medicine, surgery, and/or imaging, of which at least 40 hours need to be specific to MSK ultrasound, including at least 1 MSK ultrasound course that includes hands-on training, and supervision and/or performance, interpretation, and reporting of 150 MSK ultrasound examinations within the last 36 months. Podiatrists will not need to complete the 60 hours of non-MSK ultrasound-specific CME if they are within 2 years of residency and/or fellowship training.

Maintenance of Competence

All physicians performing MSK ultrasound examinations should demonstrate evidence of continuing competence in the interpretation and reporting of those examinations. A minimum of 50 diagnostic MSK ultrasound examinations per year is recommended to maintain the physician's skills.

Continuing Medical Education

The physician should complete 30 hours of AMA PRA Category 1 CreditsTM specific to MSK ultrasound every 3 years.

B. Diagnostic Medical Sonographer

When a sonographer performs MSK ultrasound examinations, that person should be qualified by appropriate training to perform diagnostic ultrasound examinations. This qualification can be demonstrated by certification of same by a nationally recognized certifying body.

Point-of-Care Use of Ultrasound Forum (2010)

American Academy of Nurse Practitioners American Academy of Otolaryngology American Academy of Pain Medicine American Academy of Physical Medicine & Rehabilitation American Academy of Physician Assistants American Association of Clinical Endocrinologists American Association of Critical-Care Nurses American Association of Neuromuscular & **Electrodiagnostic Medicine** American Association of Nurse Anesthetists American Chiropractic Association American College of Cardiology American College of Emergency Physicians American College of Nurse-Midwives American College of Obstetricians & Gynecologists American College of Osteopathic Obstetricians & Gynecologistš American College of Radiology American College of Rheumatology American College of Surgeons American Institute of Ultrasound in Medicine American Medical Society for Sports Medicine American Physical Therapy Association

American Registry for Diagnostic Medical Sonography American Society of Anesthesiologists American Society of Cytopathologists American Society of Echocardiography American Society of Endocrine Physician Assistants American Urological Association Association for Vascular Access Association for Women's Health, Obstetric & Neonatal Nursing **Military Medicine** Infusion Nurses Society International Society for Therapeutic Ultrasound Intersocietal Accreditation Commission Physician Assistant Education Association **Renal Physicians Association** Society of Critical Care Medicine Society of Diagnostic Medical Sonography Society for Maternal-Fetal Medicine Society of Radiologists in Ultrasound Society for Vascular Surgery Society for Vascular Ultrasound **Urological Association of Physician Assistants** World Federation for Ultrasound in Medicine & Biology

Tracks

 Participants broke up into selected Tracks
 Track 1: Ob/Gyn Point-of-Care Procedures: Alfred Abuhamad, MD

 Track 2: Ultrasound-Guided Procedures
 (e.g., MSK, Anesthesia, Line Placement): Jay Smith, MD

 Track 3: Emergency/Critical Care Point-of-Care Procedures: Christopher Moore, MD

Update

 Workgroups from each of the tracks are being formed to start developing practice and training guidelines pertaining to their relevant procedures

Future Plans

 Be more involved in educating medical students in the use of US by working with organizations like SUSME