

The background of the slide features a large, faint watermark of the University of Virginia seal. The seal is circular and contains the text "UNIVERSITY OF VIRGINIA" around the perimeter and "1776" at the bottom. In the center of the seal is a shield with a book and a plow, with the year "1776" above it.

# Teaching Sonographic Skills to Medical and Nursing Students at a Remote Area Medical Clinic

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An Introduction to  
Sonography Skills Elective

# Physician and Nurse use of Sonography

## ▶ Continued interest in Point of Care Sonography

- ◆ Intensive care units
- ◆ Emergency Medicine
- ◆ Internal Medicine,
- ◆ Obstetrics/Gynecology
- ◆ Gastrointestinal Medicine
- ◆ Surgery
- ◆ Pediatrics
- ◆ Urology



# Remote Area Medicine - RAM



# Our Study Subjects



- ▶ Study subjects were 15 medical and 14 nursing students from UVA who volunteered at the event.
- ▶ The goal of this project is to assess the feasibility and value of a focused sonography experience among medical and nursing students together in a free clinic setting while doing good for others.

# Location of the Event: Wise, Virginia



# Our Staff

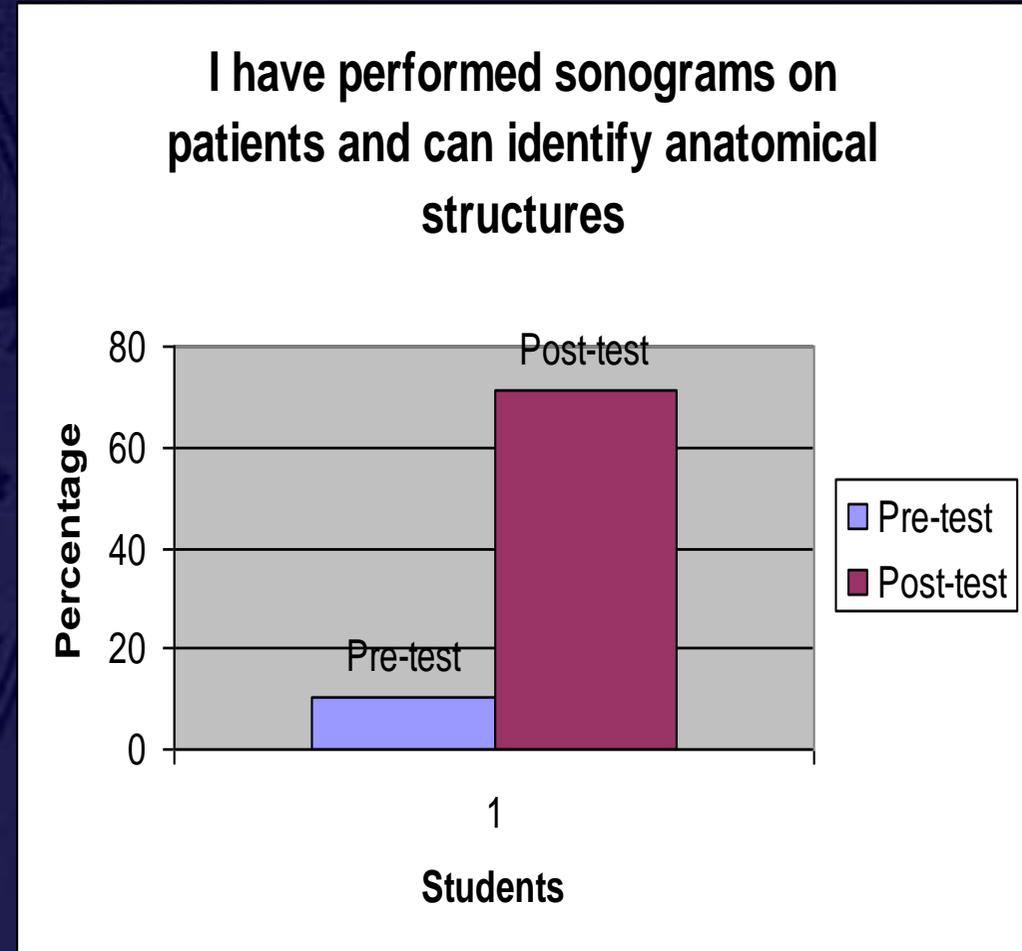


# Common Health Concerns



# Pre and Post Survey - Six Sonographic Skills

- ▶ Recognizing and Identifying
  - ◆ Aorta
  - ◆ Gallbladder
  - ◆ Kidneys and Bladder
  - ◆ Uterus with and with out IUP
    - Transabdominal
    - Transvaginal
  - ◆ Artery and Vein
    - Color Doppler
  - ◆ Fluid in the Abdomen



No student reported prior competence in all six skills.

# Our Class Room



AD DIS

PC27224  
C 4B  
P Med  
HGen  
CF  
80%  
264Dtc  
WF 110Hz  
Med

RS  
2D  
40%  
C 5B  
P Low  
HRes

0  
%  
LOW  
RN

AP Length 10.3 cm  
x Length 4.98 cm

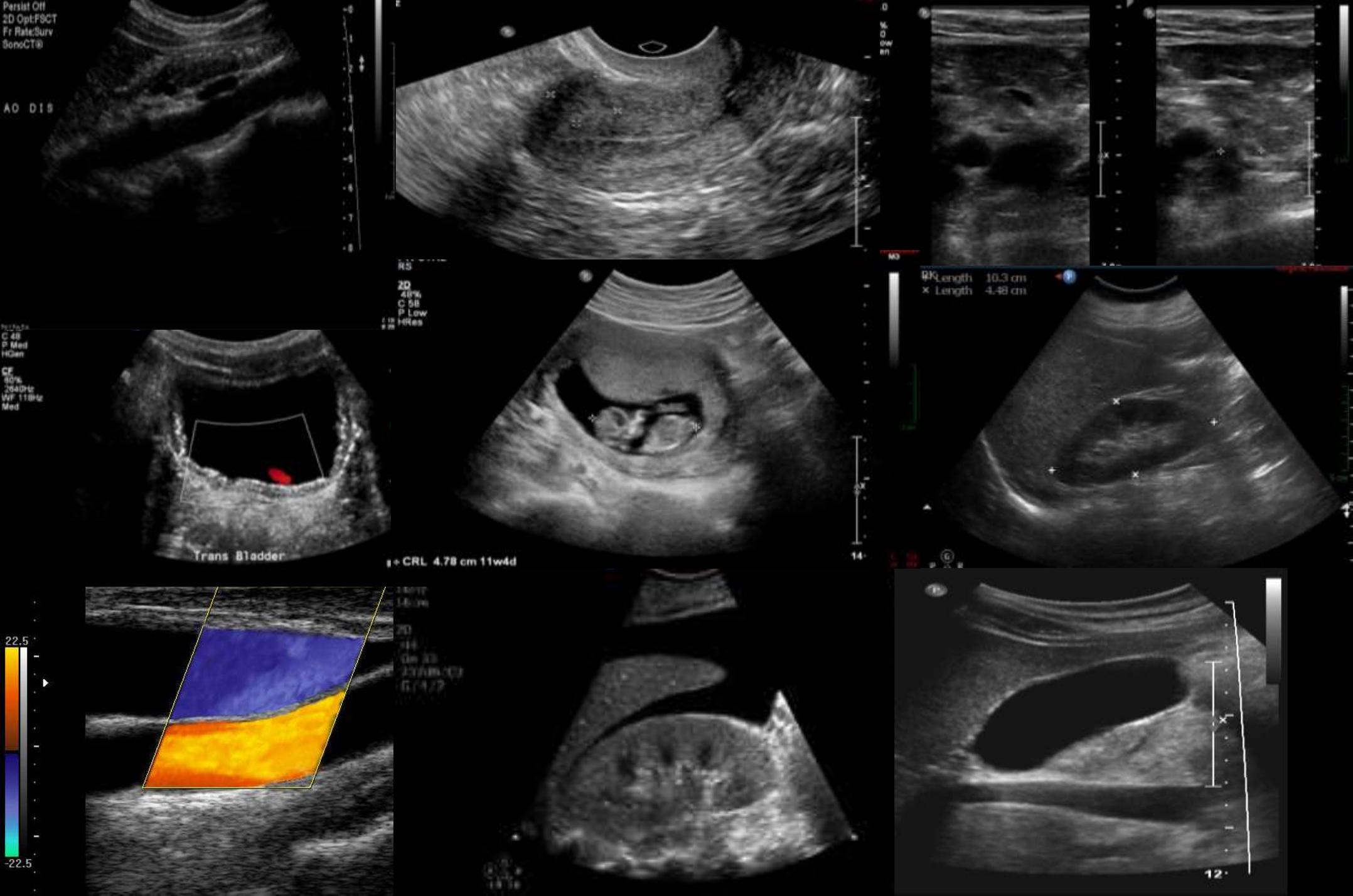
Trans Bladder

1+ CRL 4.78 cm 11w4d

22.5  
-22.5

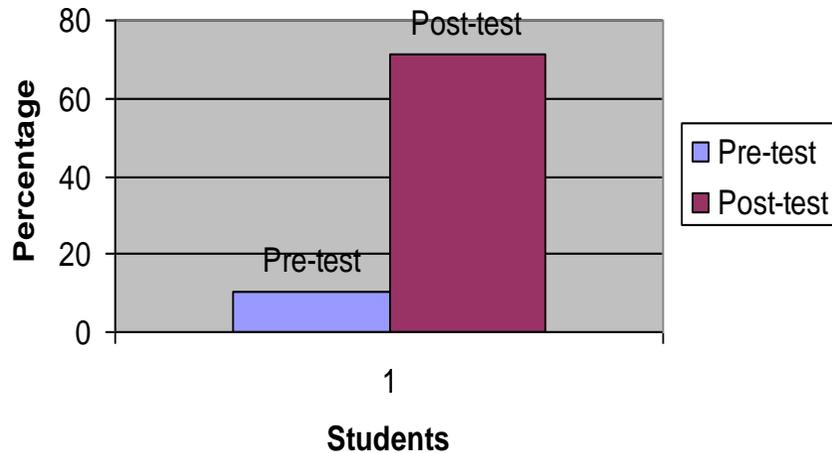
14007  
14/09  
2D  
74  
On 23  
23/09/2017  
6/1/7

12

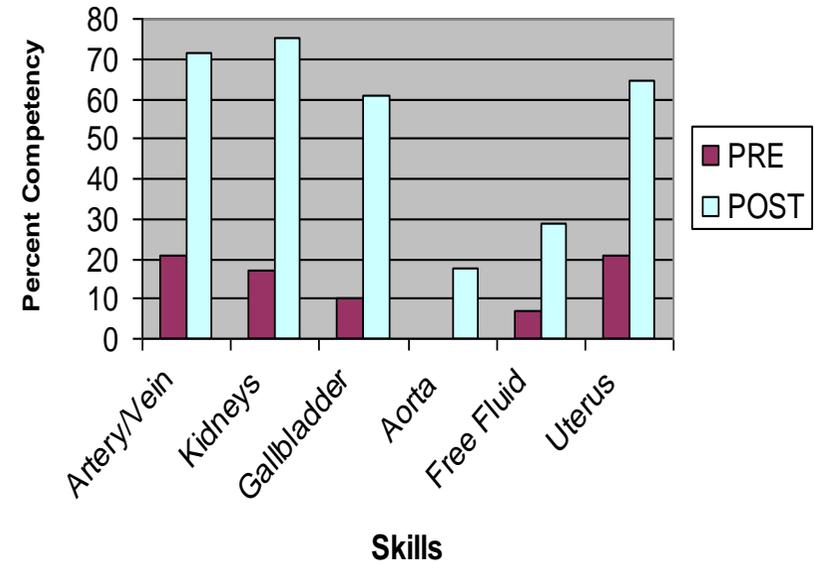


# Our Results

I have performed sonograms on patients and can identify anatomical structures



Ultrasound Skills Pre- and Post-test



- ▶ On average, students developed competence in 3 of 6 skill areas.

\* Competance : Self assessed ability to recognize and perform the 6 skills

## Conclusion and Comments

- ▶ Students can improve their understanding of directed sonographic techniques under the instruction of experienced Diagnostic Medical Sonographers
- ▶ Students desire and see the need for more sonography skills taught during their medical education and future practice
  - Point of Care use
  - Unstanding Diagnostic Reports

# Discussion “Stethoscope of the Future”



- ▶ Sonography is a Specialty
  - ◆ require extensive training and experience
  - ◆ This brief course can not reproduce or substitute for formal education
- ▶ Formal exposure
  - ◆ better direct patient care
    - Bedside US
    - Diagnostic US
  - ◆ techniques used as an extension of a physical examination

## New and Current Course offerings at UVA

- ▶ Remote Area Medicine 2<sup>nd</sup> and 4<sup>th</sup> Year Medical/Nursing Elective
- ▶ MS third year Emergency Medicine
- ▶ MS 4<sup>th</sup> year Emergency Ultrasound elective
- ▶ Resident Education
- ▶ EM Sonography Fellowship



Thank You!

